

# February road racing calendar: Fun runs, trail race highlight local options



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## FEBRUARY RACE CALENDAR

3 – Monmouth University Track and Field Showcase Meet, 6:30 p.m., Monmouth University, West Long Branch, N.J., for race info: 732-263-5779.

3 – Empire State Building Run-Up, 8 p.m., Empire State Building, Manhattan, [theteam@nycruns.com](mailto:theteam@nycruns.com).

**6 – Staten Island A.C. 3-Mile Fun Run, 9 a.m., Clove Lakes Park, [dpanza@si.rr.com](mailto:dpanza@si.rr.com), [mgarone1@verizon.net](mailto:mgarone1@verizon.net), [irigolini@si.rr.com](mailto:irigolini@si.rr.com), [frigolini@verizon.net](mailto:frigolini@verizon.net).**

6 – Our Lady Mount Carmel Mercy 5K, 9 a.m., Berlin, N.J., [www.runninginthenusa.com](http://www.runninginthenusa.com).

6 – Chili Run, 2 mi., Pitman, N.J., [www.gooddayforarun.com](http://www.gooddayforarun.com).

6 – N.J. Winter Trail Series, half-marathon- 9 a.m., 10K- 9:30 a.m., 5K- 10 a.m., Lewis Morris Park, Mendham, N.J., [www.njtrailseries.com](http://www.njtrailseries.com).

6 – NYCRUNS Cocoa Classic: Riverside Park 5K, 9 a.m., Riverside Park, Manhattan, [theteam@nycruns.com](mailto:theteam@nycruns.com).

7 – ORC Winter Series 4-Mile, 10 a.m., Ocean County Park, Lakewood, N.J., [www.oceanrunningclub.org](http://www.oceanrunningclub.org).

7 – Pre-Game 4-Miler, 11 a.m., Morristown, N.J., [www.superheroracing.com](http://www.superheroracing.com).

7 – Browning Ross Winter Series 5K, 1 p.m., Rowan University, Glassboro, N.J., 856-904-3543.

7 – Herby Waterman ORC Winter 5K Series, 11 a.m., Middletown, N.Y., 914-443-0969.

7 – Freezer 5K, 10 a.m., FDR Park, Yorktown Heights, N.Y., 845-526-3524.

7 – Go Hard or Go Home Half-marathon, 10 a.m., Prospect Park, Brooklyn, [raceguys@trimarasports.com](mailto:raceguys@trimarasports.com).

7 – Pete Sanfilippo Winter 5-Mile Run, 10 a.m., Lagrange, N.Y., 845-891-5631.

**13 – Staten Island A.C. 3-Mile Fun Run, 9 a.m., Clove Lakes Park, [dpanza@si.rr.com](mailto:dpanza@si.rr.com), [mgarone1@verizon.net](mailto:mgarone1@verizon.net), [irigolini@si.rr.com](mailto:irigolini@si.rr.com), [frigolini@verizon.net](mailto:frigolini@verizon.net).**

13 – For the Love of Queens 5K, 9 a.m., Flushing Meadows Corona Park, Queens, [qdrunners@gmail.com](mailto:qdrunners@gmail.com).

13 – Cupid's Chase 5K, 10 a.m., Hudson River Park, Manhattan, 212-227-9110.

13 – Cupid's Chase 5K, 10 a.m., Cooper River Park, Pennsauken, 609-265-3921.

13 – Cupid's Chase 5K, 10 a.m., Glen Rock, N.J., 201-797-0692.

13 – Cupid's Chase 5K, 10 a.m., Washington Lake Park, Sewell, N.J., 856-265-7155.

13 – Cupid's Chase 5K, 10 a.m., Morristown, N.J., 973-872-7111.

13 – Cupid's Chase 5K, 10 a.m., New Brunswick, N.J., 609-858-6137.

13 – Cupid's Chase 5K, 10 a.m., Princeton, N.J., 609-514-9494.

13 – Cupid's Chase 5K, 10 a.m., Seaside Heights, N.J., 609-693-1700.

14 – ORC Winter Series 4-Mile, 10 a.m., Ocean County Park, Lakewood, N.J., [www.oceanrunningclub.org](http://www.oceanrunningclub.org).

14 – Browning Ross Winter Series 5K, 1 p.m., Rowan University, Glassboro, N.J., 856-904-3543.

14 – PPTC Cherry Tree 10-Miler and 10-Mile Relay, 10 a.m., Prospect Park, Brooklyn, [contact@pptc.org](mailto:contact@pptc.org).

14 – Marlton Lakes Valentine 5K, 10 a.m., Marlton, N.J., 609-206-7555.

14 – Polar Bear 5K Run for Autism, 12 noon, Sea Isle City, N.J., 609-602-5734.

**20 – Staten Island A.C. 3-Mile Fun Run, 9 a.m., Clove Lakes Park, [dpanza@si.rr.com](mailto:dpanza@si.rr.com), [mgarone1@verizon.net](mailto:mgarone1@verizon.net), [lrigolini@si.rr.com](mailto:lrigolini@si.rr.com), [frigolini@verizon.net](mailto:frigolini@verizon.net).**

**20 – 2016 "Cold Feat" 10K Trail Race, 10 a.m., Greenbelt Conservancy, [www.nyctrailseries.com](http://www.nyctrailseries.com).**

20 – NYRR Al Gordon Classic 4-Miler, 8 a.m., Prospect Park, Brooklyn, [www.nyrr.org](http://www.nyrr.org).

20 – Febapple Frozen Fifty, 50 mi.- 7 a.m., 50K- 8 a.m., 20 mi.- 9 a.m., 10 mi.- 10 a.m., Maplewood, N.J., [www.njtrailseries.com](http://www.njtrailseries.com).

20 – 13<sup>th</sup> annual Manasquan Mid-Winter Beach Run, 2 mi., 11 a.m., Manasquan, N.J., [www.runningintheusa.com](http://www.runningintheusa.com).

21 – ORC Winter Series 4-Mile, 10 a.m., Ocean County Park, Lakewood, N.J., [www.oceanrunningclub.org](http://www.oceanrunningclub.org).

21 – Browning Ross Winter Series 10-Mile and 5K, 1 p.m., Rowan University, Glassboro, N.J., 856-904-3543.

21 – NYCRUNS Half-marathon-8 a.m. and Marathon- 8:30 a.m., Central Park, [theteam@nycruns.com](mailto:theteam@nycruns.com).

21 – Herby Waterman ORC Winter 5K Series, 11 a.m., Middletown, N.Y., 914-443-0969.

21 – Freezer 5-Miler, 10 a.m., FDR Park, Yorktown Heights, N.Y., 845-526-3524.

**27 – Staten Island A.C. 3-Mile Fun Run, 9 a.m., Clove Lakes Park, [dpanza@si.rr.com](mailto:dpanza@si.rr.com), [mgarone1@verizon.net](mailto:mgarone1@verizon.net), [lrigolini@si.rr.com](mailto:lrigolini@si.rr.com), [frigolini@verizon.net](mailto:frigolini@verizon.net).**

28 – Climb to the Top 2016, 6-10 a.m., Rockefeller Center, Manhattan, 212-463-9791.

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