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Local Cooking Sensation Rossella Rago To Hold Demonstration at Presents of Mind

PRINCETON, NJ (November 21, 2016) — On Wednesday, December 7 from 6-8 p.m. at Presents of Mind in Flanders, NJ, cooking sensation Rossella Rago will hold a cooking demonstration and show you some new recipe ideas for your holiday get-togethers.

“Presents of Mind has been a proud and dedicated member of the Flanders community for the past nine years,” said Community Options Managing Director Andrew Park. “Our primary goals at Presents of Mind are to offer a great selection of gift items to our customers while supporting people with developmental disabilities in an integrated setting. Presents of Mind is always actively seeking ways to contribute to the local community, and we are very excited to invite everyone to join us at this entertaining event to meet and spend time with Ms. Rossella Rago.”

Rago is the host of the popular web cooking show *Cooking With Nonna* (www.cookingwithnonna.com), which has nearly 650,000 likes on Facebook and more than 15,000 YouTube subscribers. On the show, Rossella invites an Italian-American nonna to cook with her, sharing traditional Italian recipes and fond memories of childhoods in Italy.

In 2010, Rossella, together with her mother and her Nonna Romana, participated in the "Italiano Battle" episode of the Food Network's 24 Hour Restaurant Battle.

Rossella spent her childhood in the kitchen with her maternal Nonna Romana, learning the long legacy of recipes from Puglia passed down through the generations for centuries. Launching *Cooking with Nonna* has allowed Rossella to expand her culinary expertise to much of the rest of Italy.

In March 2017, Rossella will publish her first cookbook: **Cooking with Nonna: Celebrate Food and Family with Over 100 Classic Recipes from Italian Grandmothers**. The book is now available for Pre-Orders on the Cooking with Nonna website: <http://cookingwithnonna.com/Products/the-cooking-with-nonna-cookbook.html>

Presents of Mind (POM) is operated by Community Options, Inc., a national nonprofit organization dedicated to providing housing and employment support to individuals with developmental and intellectual disabilities. POM is located at 240 Route 206 in Flanders, NJ. For questions or further information, call 973-927-8500.

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About Community Options, Inc.:

For over 25 years, Community Options has developed housing and employment programs for people with disabilities – serving thousands of people through 38 offices across 10 states. Community Options provides advocacy assistance to empower people with disabilities because all people – regardless of ability level – should live and work in the community with dignity, choice and self-determination.

For more information please visit our website: www.comop.org and to follow along with the ComOpCares campaign, search #ComOpCares on Facebook, Twitter and Instagram.