

FOR IMMEDIATE RELEASE:

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Community Options to Hold 10th Annual Cupid's Chase 5K

PRINCETON, NJ – The first Cupid's Chase 5K took place in Princeton, NJ in 2009 with 350 runners. On Saturday, February 10, 2018, Community Options will celebrate its 10th annual Cupid's Chase 5K with 38 races across 11 states and thousands of runners expected.

"I heard about it when I was with the Running Club," said Joseph Roy-Mayhew, the winner of the first-ever Cupid's Chase 5K in 2009 with a time of 16:25. A Princeton University graduate student at the time, Roy-Mayhew now lives up in Boston working for a 3D printing company. "I remember the weather was great for the event. Good people to be around, everyone seemed happy. It's crazy that it's 10 years later. It's great to see that it's expanded so much."

Cupid's Chase 5K is an annual race hosted by national nonprofit Community Options, with all proceeds of the event going directly towards its mission; providing housing and employment support to individuals with intellectual and developmental disabilities. Last year, Cupid's Chase raised nearly \$300,000 and \$1 million total over the last four years. Well over 4,000 runners participated in last year's event in 32 cities and nine states.

In 2018, Community Options will hold its first ever Cupid's Chase 5Ks in the states of Utah and Maryland, with races at Salt Lake City and Wheaton, respectively. Community Options recently began providing service to both Utah and Maryland over the last two years. New race location cities for next year include Bridgewater, NJ, Queens, NY, Butler, PA, King of Prussia, PA, Latrobe, PA, Salt Lake City, UT and Wheaton, MD.

Last year, Fred Joslyn scored the best time across the country, finishing with a 15:28 mark in the Harrisburg, PA race.

Participants will receive an "Available" or "Unavailable" shirt to wear for the race in hopes of sparking a love connection, as well as a finisher medal, a goody bag and refreshments. Runners, walkers, and rollers (baby strollers and wheelchairs) are all welcome to join and help raise funds to make a difference in the lives of people with disabilities by participating in our annual Cupid's Chase 5K.

For more information, sponsorship, volunteer opportunities or to register for the event, you can visit cupidschase.org. Visit Cupid's Chase on Facebook at www.facebook.com/cupidschase to join.

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About Community Options, Inc.:

For 28 years, Community Options has developed housing and employment programs for people with disabilities – serving thousands of people through over 40 offices across 11 states. Community Options provides advocacy assistance to empower people with disabilities because all people – regardless of ability level – should live and work in the community with dignity, choice and self-determination. For more information please visit our website: www.comop.org and to follow along with the ComOpCares campaign, search #ComOpCares on Facebook, Twitter and Instagram.