

FOR IMMEDIATE RELEASE

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## **Community Options Awarded \$50,000 Grant to Conduct Self**

Princeton, NJ- On September 20, 2019, Community Options, Inc. in Arizona was notified that it was awarded a \$50,000 grant from the Arizona Developmental Disabilities Council to conduct self-advocacy classes on Meaningful life and Meaningful Love. This program will provide people with disabilities with the confidence, education and tools necessary to cultivate and maintain healthy romantic relationships in their local communities. The curriculum will cover a variety of information including, types of relationships, sexual health, crisis prevention, and more! The people we support will gain an understanding of their rights and choices regarding their sexuality. This will allow them to live more meaningful and autonomous lives for the long term.

Community Options' programs in Arizona support 45 people and employ 112 staff. Community Options has provided services in Arizona for over three years and operates eight homes and one day-hab employment in-home support. John Peck, Community Options' Regional Director of Arizona and Utah, had the following to say about the grant, "This grant will have a notable impact on the people we support in Arizona by promoting the importance of meaningful living and meaningful love. Community Options is grateful to have the ongoing support of the Arizona Developmental Disabilities Council."

The Arizona Developmental Disabilities Council is a group made up of individuals with disabilities, family members, professional stakeholders and state agency representatives who are appointed by the Governor of Arizona. The Arizona Developmental Disabilities Council serves Arizona in multiple ways including, advancing inclusion, funding grants, promoting self-advocacy, and collecting data.

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About Community Options, Inc.:

For over 30 years, Community Options has developed housing and employment supports for people with disabilities – serving thousands of people through over 40 offices across 10 states. Community Options provides advocacy assistance to empower people with disabilities because all people – regardless of ability level – should live and work in the community with dignity, choice and self-determination. For more information please visit our website: [www.comop.org](http://www.comop.org) and to follow along with the #AllItTakes campaign, search #AllItTakes on Facebook, Twitter and Instagram.