

FOR IMMEDIATE RELEASE

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Community Options to host Annual Cupid's Chase 5k at Shelby Park

(Nashville, Tennessee) – On Saturday, February 8th, Community Options will host its 12th annual Cupid's Chase 5k event in support of people with disabilities. This year the race in Nashville will be held at Shelby Park. All funds raised will be utilized to support people with disabilities in the Nashville, Tennessee region. The race in Nashville will be one of 31 Cupid's Chase races taking place on February 8th across 9 states. Last year, Community Options netted over \$100,000 with 6,000 runners in attendance across the country.

Community Options holds their annual 5K to raise money to help support individuals with disabilities in their local communities. Each runner will receive a shirt that says "Available" or "Unavailable" in spirit of the Valentine's Day theme. You can register for any of our race locations at CUPIDSCHASE.ORG.

If you would like more information about the Cupid's Chase 5k in Nashville, Tennessee please contact Meika McClendon at 615-885-1099 or Meika.McClendon@comop.org.

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About Community Options, Inc.:

For over 30 years, Community Options has developed housing and employment programs for people with disabilities – serving thousands of people through over 40 offices across 10 states. Community Options provides advocacy assistance to empower people with disabilities because all people – regardless of ability level – should live and work in the community with dignity, choice and self-determination. For more information please visit our website: www.comop.org and to follow along with the ComOpCares campaign, search #ComOpCares on Facebook, Twitter and Instagram.